

Pooja Kapoor

Physiotherapist

PK

Chennai, India pooja.kapoor@example.com Fictional sample

01 Professional profile

Physiotherapist with an illustrative 11-year career focused on functional assessment and individualised rehabilitation coordination. Core strengths include Functional assessment, Rehabilitation planning and Exercise instruction. Selected examples describe the challenge, contribution and handover materials.

EXPERTISE

Core capabilities

Functional assessment

Rehabilitation planning

Exercise instruction

Progress documentation

Patient education

Team collaboration

SELECTED WORK

Rehabilitation progress record

Anonymised progress record and review plan

Return-to-activity education

Education pack and review checklist

LANGUAGES

English - professional working

Hindi - professional working

CAREER CONTEXT

11 years in this illustrative career.

Three appointments.

Full work examples on page 2.

02 Professional experience

Jul 2022 - Present

Physiotherapist

Asterline Rehabilitation Centre · Chennai

Delivered defined workstreams in functional assessment and individualised rehabilitation coordination, coordinating reviewers and delivery partners.

- Created a goal-linked review format and coordinated its use within the rehabilitation team.
- Developed clinician-reviewed educational resources without promising recovery timelines.

Jul 2018 - Jun 2022

Physiotherapist

Northmere Rehabilitation Centre · Chennai

Supported progressively more complex work in functional assessment and individualised rehabilitation coordination, with a defined review process.

- Used functional assessment and progress documentation on assigned work; recorded decisions so colleagues could understand the approach.
- Prepared handover materials and incorporated specialist feedback before closing the workstream.

Jul 2015 - Jun 2018

Supervised Care Appointment

Cedarfield Rehabilitation Centre · Chennai

Built foundations through supported assignments, observation and practical feedback.

- Assisted with rehabilitation planning and patient education, checking work with an experienced reviewer.
- Kept organised work records and developed clear handover habits through supervised practice.

03 Care & rehabilitation work

Movement with purpose. Progress with context.

WORK EXAMPLE 01 / ILLUSTRATIVE

Rehabilitation progress record

Context

Patient goals were not consistently visible across appointments.

Contribution

Created a goal-linked review format and coordinated its use within the rehabilitation team.

Prepared for handover

Anonymised progress record and review plan

WORK EXAMPLE 02 / ILLUSTRATIVE

Return-to-activity education

Context

Patients needed clearer explanations of their agreed rehabilitation pathway.

Contribution

Developed clinician-reviewed educational resources without promising recovery timelines.

Prepared for handover

Education pack and review checklist

04 Education

2013 – 2015

Master of Physiotherapy

Asterbridge Institute of Professional Studies

Specialist study with a practice focus on functional assessment and rehabilitation planning.

2009 – 2013

Bachelor of Physiotherapy

Cedarhaven College of Applied Studies

Foundation study, practical assignments and supervised learning. Fictional institution and qualification record.

05 Professional development

2024

Functional assessment - advanced practice workshop

Scenario exercises and peer review in functional assessment and individualised rehabilitation coordination.

2025

Progress documentation - reflective practice seminar

Applied learning reviewed through a bounded example and a written reflection.

Continuing learning examples, not licences or independently verified certifications.

06 Practice & evidence notes

Practice scope	Registration	Record privacy
Functional assessment and individualised rehabilitation coordination	Not supplied in this fictional sample	No identifiable patient or participant data

Every employer and institution in this CV is fictional. The two work examples describe individual contributions; supporting artefacts and externally measured outcomes are not supplied. Replace example information with accurate records and permission-cleared work before using this CV.